



**Community**  
Health Network

# Healthcare and Housing Presentation

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# Community Health Needs Assessment (CHNA)

- Required every 3 years-IRS
- Look at the needs of the community
  - Collaborated with other local Hospitals
  - Survey
  - Focus Groups
- Create Implementation Plan

## FEDERAL TAX EXEMPTION REQUIREMENTS

### Community Benefit Standards / IRS Regulations

... the final regulations expand the examples of health needs that a hospital facility may consider in its CHNA to include not only the need to address financial and other barriers to care but also the need to prevent illness, to ensure adequate nutrition, or to address social, behavioral, and ***environmental factors that influence health in the community.***

## Health Indicators Identified from Focus Group

- Mental Health/Behavioral Health/Suicide/Substance Abuse
- Life Skills and Education
  - Under employed
- Access to Healthcare
  - Not enough Doctors
- Transportation
- Affordable Housing
  - Domestic Violence Shelter

# Social Determinants of Health (HP 2020)



## Housing is an IMPORTANT Social Determinant of Health

- ❑ Quality (condition of the home)
- ❑ Location (access to healthcare)
- ❑ Cost (spending more than you can afford)

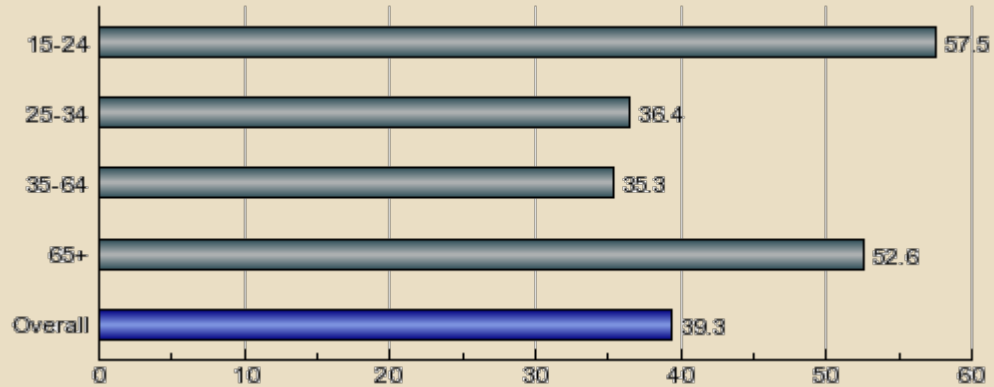
**\*all of these can contribute to poor health in both children and adults.**

# Renters Spending 30% or More of Household Income on Rent

## Why is this important?

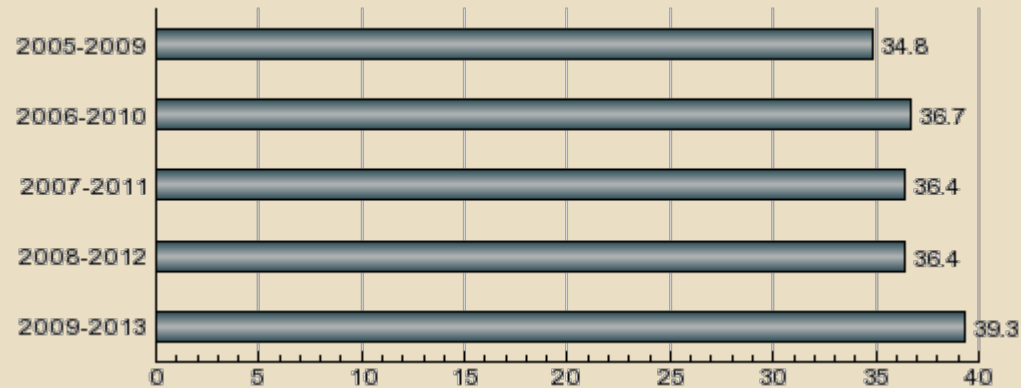
- ❑ Spending a high percentage of household income on rent can create financial hardship, especially for lower-income renters. With a limited income, paying a high rent may not leave enough money for other expenses, such as food, transportation and medical. Moreover, high rent reduces the proportion of income a household can allocate to savings each month.
- ❑ The stress of homelessness or unstable housing situations negatively impacts mental health for people of all ages.

## Renters Spending 30% or More of Household Income on Rent by Age





# Renters Spending 30% or More on Household Income of Rent: Time Series



## How does housing affect healthcare?

- ❑ Access to safe, and affordable housing can support positive health outcomes plus it can potentially reduce health care spending.
  - ❑ Small investments in weatherization and energy upgrades can result in many positive health outcomes.
    - ❑ Reduction of asthma symptoms
    - ❑ ED visits
    - ❑ Reducing health care spending

## Homeless and At-Risk Individuals

- ❑ Many homeless individuals, have complex health needs and rely on costly emergency room visits to receive health care treatment.
- ❑ By connecting homeless individuals to house AND non-emergency health care services we can improve wellbeing AND reduce ED and hospital visits.

## Next Steps

- ❑ Education
  - ❑ Affordable housing providers and health care professionals are still learning and understanding the importance of stable and affordable housing and how to support the health of low-income individuals.
- ❑ Partnering
  - ❑ The affordable housing sector must help the health care sector with better understanding the value of housing organizations and supporting the health and wellbeing of low-income individuals.

## THE NEED FOR MORE SUCCESSFUL PARTNERSHIPS

...To have sustainable approaches to promoting community and population health requires a greater understanding, communication and collaboration among the health delivery organizations and the public health sector than in the past.

*2014 Study by Commonwealth Center for Governance Studies Inc.*

# DISCUSSION